

SEEKING VOLUNTEERS TO HOST FOR FELLOWSHIP:

Each Sunday we are always looking for new volunteers to help set up coffee, juice and treats for our members and visitors following Sunday Worship. Please see the kiosk in the narthex to sign up.
For more information about Fellowship, please contact Ann Miller (Fellowship Chair) annmiller1966@gmail.com or 703-593-8226

WELLNESS PROGRAM – Hello Sheppard Family,
Do you suffer from any diseases? We are helping people like you to reverse them.
The process begins with a quick and easy health scan to assess your health. The scanner is a user-friendly device that offers a swift and non-invasive way to evaluate your overall wellness. It will also provide the recommendations needed to achieve better health.
October 23rd @ 6:00 pm
RSVP by texting 801.300.1379
Thank you, and see you soon!!
-Silvia

ALTAR FLOWERS – We have a new Altar Flower florist with “Tulips & Thyme”. A giant THANK YOU to Kathryn at “Flowers by You” for providing our beautiful arrangements in these past years!

Do you want to donate Altar Flowers on a Sunday Service? The Worship Team always appreciates having fresh flowers and our supplier, “**Tulips & Thyme**” will create beautiful arrangements for Sunday Service. You can dedicate the flowers for a special occasion or in memory of a loved one. Please make sure to fill out a **GREEN** order form for the office and attach your check or cash **(\$50.00 per arrangement)** so that the office can order the flowers and keep track of payments.



UPCOMING MEETINGS AND EVENTS
Sunday, October 19th at 11:00am Social/Fellowship Meeting
Thursday, October 23rd at 6:00pm Wellness Program
Sunday, October 26th at 10:00am .Polka Worship Service
Monday, October 27th at 6:30pm Property Meeting

~Announcements this week~

POLKA WORSHIP –
Join Shepherd of the Mountains for Reformation Sunday on **October 26th** for a special Polka Worship Service.

GODS WORK OUR HANDS –
We are making baby blankets again!
Grab a bag and make tie blankets for the babies in the Cardiovascular Unit at Primarys!
If you would like to tie blankets, grab a bag from the table in the Narthex.
Please pick up a bag on Sunday.
Due Date: November 2nd.



- Serving us today at 10:00 am Worship**
- Presiding Minister:** Pastor Derek Fossey
Assisting Minister:..... Julie Cooper
Reader:.....Ann Miller
Music:.....Stephanie Hurt
Altar Guilds: Pam Evans
..... Barb Lorenzen
..... Karen McCarthy
Usher:.....Dave Vecchi
Greeter:..... Judy McCowan
Media Slides:..... Mary Antinori
Fellowship:.....
Altar Flowers: Maria Lewis

“In Memory of Larry & Adam”

Genesis 32:22-31

²² The same night [Jacob] got up and took his two wives, his two maids, and his eleven children and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone, and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket, and Jacob's hip was put out of joint as he wrestled with him. ²⁶ Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." ²⁷ So he said to him, "What is your name?" And he said, "Jacob." ²⁸ Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans and have prevailed." ²⁹ Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, "For I have seen God face to face, yet my life is preserved." ³¹ The sun rose upon him as he passed Penuel, limping because of his hip.

Luke 18:1-8

¹ Then Jesus told them a parable about their need to pray always and not to lose heart. ² He said, "In a certain city there was a judge who neither feared God nor had respect for people. ³ In that city there was a widow who kept coming to him and saying, 'Grant me justice against my accuser.' ⁴ For a while he refused, but later he said to himself, 'Though I have no fear of God and no respect for anyone, ⁵ yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming.' " ⁶ And the Lord said, "Listen to what the unjust judge says. ⁷ And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? ⁸ I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?"



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